

Welcome to the

Shore Football Camp

Come join the Shore Football camp and learn the basics of the game and develop your skills to advance to the next level.

The major focus of the camp will be on individual skills:

Ages 5-8 Basic Football Skills

Ages 9-13 Offense and Defense *

* Campers in this age bracket should choose an offensive and defensive position to focus on.

The Camp Staff: Shore Regional's Head Coach Mark Costantino will be directing the camp. He has been the head coach since 1992 and has a career record of 102-68-1. Coach Costantino, most of the high school staff, and various local high school coaches will be assisting in the development of the campers.

WHEN IS CAMP?

JULY 6-8, 2009

5:30-7:30 PM

Rain date July 9

Where is Camp?

The Shore Regional
H.S. Football Field

WHAT IS THE COST?

\$100

WHAT SHOULD I

WEAR?

SHORTS
T-SHIRT
CLEATS



CAMPERS:

- Should be in good physical health as they will experience a strenuous day of football.
- Should be dressed and ready for physical activity. Proper athletic shoes, socks, shorts, etc. should be worn.
- Water will be provided but campers can bring their own drinks as well.

• Camp enrollment is limited. The deadline for receiving applications is **June 22, 2009.**

**“The Harder I Work
the Luckier I Get”**

**2009 Shore Football Camp
Application Form**

Camper's Name _____

Address _____

City _____

State _____ Zip _____

Parent or guardian _____

E-mail address _____

Home Phone _____

Emergency Phone (Cell) _____

T-Shirt Size—Circle One

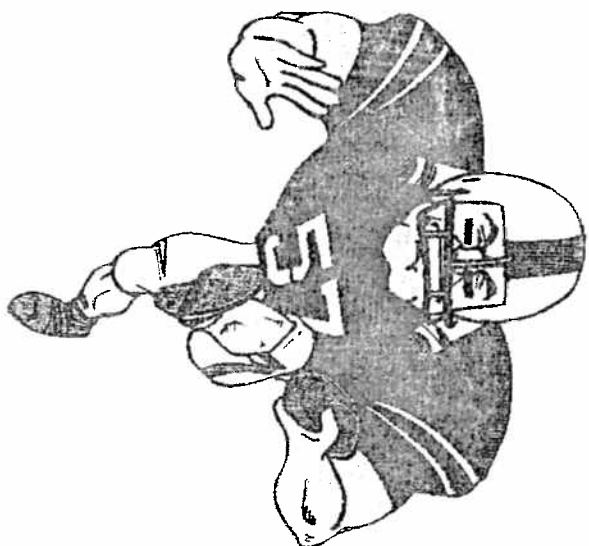
Child	S	M	L	XL
Adult	S	M	L	XL

I hereby authorize the directors and employees of the Shore Football Camp to act for me in according to their best judgment in a any emergency requiring medical attention. I hereby waive and release all camp employees from any and all liability from injuries and illness while at camp.

Parent or Guardian's signature

Please return completed form to along with a check or money order made payable to:

Mark Costantino
132 Monmouth Park Highway
West Long Branch, NJ 07724



The deadline for application is
June 22, 2009

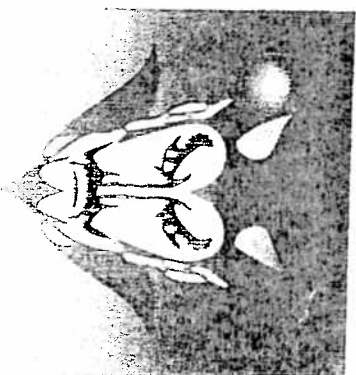
If you have any questions,
please contact:

Coach Mark Costantino
732-222-0034
mccostantino@shoreregional.org



**2009
SHORE**

**Youth
Football
(Non Contact)**



**July 6-8
5:30-7:30pm**

SHORE FOOTBALL